

Sergey Meller is a former competitive figure skater from Moscow, Russia. After his competitive career he performed throughout the world with several production companies for many years. For the past 16 years he has been a coach. He has taught figure skating at all levels and also specializes in working with hockey skaters to help them improve their confidence on the ice and their skating abilities including edge control, speed and power. He has worked with all levels of hockey players from peewee through collegiate level. Sergey is also a certified personal trainer and fitness studio owner. Sergey has also helped hockey players develop individualized off ice training programs to enhance their overall abilities as hockey players for all levels.